



# Daily Word

UNITY PUBLICATION

MARCH 1958

## *Pray with Silent Unity*

**PEACE . . .** Let liberty, justice, righteousness, and peace be established throughout the world, in the name of the Lord Jesus Christ.

**PRAYER FOR WORLD LEADERS:** Through the Christ Mind you are unified in thought, purpose, and understanding, and inspired to right action for the good of all mankind.

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**PRAYER FOR ILLUMINATION (11 a.m.):** The Mind that worked through Jesus Christ is in me, giving me wisdom and guidance.

•

**PRAYER FOR PROSPERITY (12 noon):** The same Spirit that worked through Jesus Christ is in me, transforming my life and prospering my affairs.

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**PRAYER FOR HEALING (9 p.m.):** The same Spirit that performed miracles through Jesus Christ is now mightily at work in me, and I am healed!

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**DAILY WORD** is nonsectarian. It is published monthly by **UNITY SCHOOL OF CHRISTIANITY, LEE'S SUMMIT, MISSOURI**. Single copies at 15c each. Braille subscriptions are sent free to the blind who are familiar with Grade 1½.

Entered as second-class matter, at the post office at Lee's Summit, Missouri. Accepted for mailing at the special rate of postage provided for in sec. 1103; act of Oct. 3, 1917, authorized June 13, 1924.

Unity School publishes the following periodicals: **Unity**, **You**, **Weekly Unity**, **Good Business**, **Daily Word**, and **Unity Sunday-School Leaflet** at \$1 a year each, and **Wee Wisdom** at \$2 a year. No additional postage charge for subscriptions to foreign countries.

# DAILY WORD

Edited under the inspiration of Silent Unity

Vol. 68

MARCH, 1958

No. 3

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## *The Seemless Robe of Jesus Christ*

EUGENE N. SORFLATEN

 OUR manner of dress is important. Apparel of fine quality and styling has helped many a man toward success. A lovely gown has often led to romance and fulfillment.

Much has been written about the garb of Jesus of Nazareth, especially the so-called seamless robe that Jesus is known to have worn during His ministry.

"Now the coat was without seam, woven from the top throughout," is the description that we find in John 19:23.

I like to think of Jesus' tunic as the "seemless" robe of Jesus Christ. Things are not always as they seem. This is a statement that we often hear. It means that we cannot trust appearances. According to Webster, the word "seem" means to be in appearance.

Many persons saw what seemed to be a bereft

and pitiful captive struggling up Calvary. In reality, He who climbed the hill was Jesus of Nazareth, the most victorious, triumphant figure in history.

Now, about you; do you seem weak? Do you seem helpless? Do you seem poverty-stricken?

Something within us cries out in indignation against these questions. Sometimes we want to rise up in righteous wrath and wipe out this word *seem* and the man we seem to be.

There is a way to meet this impulse—a gentle, loving way. It involves our imaging power of thought.

In quiet prayer don carefully the seamless robe of Jesus Christ. Imagine that you place it reverently about you. Imagine that its fine fabric is about your shoulders. Frequently, during the course of your day, stop for a moment to consider the substance with which Jesus was clothed: faith with which to know that the Father is the source of supply, light to show the channels for receiving, understanding to reveal the wisdom of giving and power to awaken the ability to accomplish.

Suddenly, no longer do you seem to be; you are. No longer do appearances blind you to the divine child that God knows you to be. As God's beloved child and heir to His kingdom, you

stand ready to claim your inheritance.

Since we have discussed the significance of the seamless robe of Jesus Christ, let us learn how to wear it. There is a wealth of meaning that can be gathered from John's words that the coat was "woven from the top throughout."

Where does the illumining action of the Christ Spirit begin in us? It begins in our consciousness. It begins as we elevate our thoughts to a place where the ordinary, everyday beliefs and opinions do not enter. We become acquainted with this state of mind in prayer.

How, then, does the illumining action of the Christ Spirit become known in our minds, our bodies, and our affairs? It becomes known as illumined thoughts are woven into the pattern of our thinking. When illumined thoughts replace unillumined beliefs and opinions, the warp and woof of our thought pattern undergoes a change. Our minds are filled with light instead of darkness. Our bodies respond to an awakened intelligence that is now in charge. We find our affairs become more pleasant. The radiant Christ Spirit infolds us completely.

Let us learn how to wear the robe of Jesus Christ as we go about this daily adventure that we call living; for instance, how to dress for success.

Once a friend gave me three shirts. He noticed that I was about the same build as he had been before he gained weight and, as the shirts were in excellent condition he thought I could use them.

I discovered that they were costly shirts; they had a custom-made quality and cut that far surpassed anything I had previously worn. They excited my interest. I began reviewing what I knew of this friend. What kind of man regularly attired himself in shirts such as these?

First of all, this friend was a successful man in a responsible position. He could be described as a man of action, he was alert, generous, loving, and well-liked by everyone.

Secondly, he was a man whose work kept him constantly on the move. He traveled from place to place over a wide area and accomplished many constructive things.

When I wore one of these shirts I always found myself behaving with more decisiveness than usual. I was more openhanded and friendly and acted as though I had more confidence in myself and in other people. I found myself choosing to wear one of the shirts whenever I faced a task that demanded confidence and decisive thinking and behavior.

There is nothing mysterious about this. I was

merely reminded of these qualities that I knew were always present in the previous owner of the shirt. And when I was reminded I became aware of many of these good qualities in myself.

*This day I put on the robe of the Christ. In faith I move wisely, sure of success.*

As you affirm these words for yourself, know that every quality necessary for success is already yours for the claiming and exercising. When you are attired in the robe of Jesus Christ you become aware of these qualities within yourself and confidently put them into action in your life and affairs. You find that wisdom is a matter of choosing the good; faith is seeing the good; success is moving toward the good. You are dressed for success in the seamless robe of Jesus Christ.

Now, as to health and healing:

"If I do but touch his garment, I shall be made whole."

There was faith in the heart of the woman of the Bible who said these words within herself. There was love and good cheer in Jesus' blessing as she touched His garment. And she was made whole.

If such a healing was brought about through merely touching the hem of His garment, think of the wonderful activating power loosed within you as you mentally become completely attired in the



garment of Jesus Christ!

Ah yes, you say, but that which the woman touched was the actual garment; all the powers that made up the divine person of Jesus Christ were clothed in it. But this, of which we are speaking, is only an imaginary putting on of an imaginary robe or tunic.

Is love any the less divine when it is an expression of the Christ Spirit within you than it was as the Christ within Jesus? Does faith see less of health and wholeness through your eyes? Not when you let the Christ Spirit take charge.

*As I stand arrayed in the robe of Jesus Christ I let God's full will of wholeness be done in me.*

Affirm these words until every nerve, cell, and muscle in you tingles with the quickening, uplifting, and healing force of God's perfect life. Praise God for the love, the faith, and the light that infold you; even the robe of Jesus Christ.

As to supply:

Did you ever say to yourself: "See here, things don't look too good in the financial department; somebody's going to have to hustle and bring in greater supply if all these needs are to be met."

Then when a spark of growing faith within you seemed to say, "I have the secret of abundance," did you mentally shout it down and shut it up with the thought, "What's the use, what do I

know of wealth?"

The next time you take part in a one-man dialogue such as this, clothe yourself in the robe of Jesus Christ. Then go about for a time and deliberately recognize, affirm, and praise the good that you know is in the world about you. Accept yourself as a channel for the wise use of this good. Know that this good is blessed and increased through your understanding of God as its source.

Finally, set forth in full strength to accept the abundant good your Father intends for you. Affirm the following: *In my Jesus Christ robe, I lay claim to my good.*

These are just a few of the possibilities inherent in wearing the robe of Jesus Christ. Wear it as the robe of the beloved Elder Brother and be alert to every blessing it brings you. Further, just as you would lovingly place part of your cloak over the shoulders of a friend, share its warmth with anyone you are led to bless.

Does your wearing this robe mean you are pretending to be that which you are not? No! It means that you are learning to express the real you; you are then unhampered by other beliefs and opinions. Jesus was perfectly Himself. As you express the Christ Spirit in your mind, your body, and your affairs you become completely yourself.

## Daily Word at Unity



DIMLY lighted, silent, the basement of the Unity Printing Building at Unity headquarters is a huge storage room for unprinted paper stock.

Row after row of paper piles, securely wrapped against moisture, line this room, each stack waiting for its turn at the printing press.

In a corner of the room out of sight from most points, eight wooden folding chairs face each other in a small circle. On each chair lies a copy of DAILY WORD, opened to the day's lesson.

If you walk unexpectedly on the scene, you are struck by the drama of the setting. It is a silent corner, but it comes alive with striking force when your mind grasps the idea that it is a place set aside by workmen for prayer. The waiting chairs seem to be keeping watch for the return of workers who consider this a place of refuge.

Elsewhere in the Unity buildings, working at their appointed tasks, are the eight men who each morning at eight o'clock meet for five minutes to

pray together in this dimly lighted circle.

This daily prayer circle will be duplicated by eight hundred other persons at Unity Village at the same time each morning. Some employees gather around accounting machines; others will gather in the quiet library that contains thousands of books where man's religious experience throughout the ages has been chronicled. The boiler room will have its quota of men in overalls giving their thought to God. Silent Unity will have its more than one hundred and thirty consecrated workers occupied for the first half hour of their day in the same way in their beautiful sanctuary of prayer. Thus it will be throughout the Unity offices and the 1109 acres of Unity Village as Unity workers gather each morning to begin their day with DAILY WORD.

This time of prayer has been a custom at Unity School for thirty-four years, since DAILY WORD began in July, 1924. More than any other activity at Unity it has meaning for Unity workers because it is a time during the day when unity of spirit and thought is certain. It is a time when the strength of people of like mind, their thoughts turned Godward, is combined as they pray together.

A day at Unity, like your day, is one of activity along many lines. At Unity we write, we

print, we pray, we service subscription orders, and we further the work of more than thirty departments that make up Unity School. We are unified in these activities and we are unified in our DAILY WORD prayer.

The DAILY WORD editors have often told you that you readers of DAILY WORD form a world-wide prayer group. And so you do—a world-wide prayer group of millions of people.

This story about how we in Unity use DAILY WORD together is written to let you know that we at Unity pray with you, that we too are a part of this world-wide group.

This is the strength of Unity; it is the meaning of Unity—this consecrated effort to begin each day, and keep through each day, the Word of God made practical for everyday use.



Think of the power of a million people praying together!

Do you know that if every DAILY WORD subscriber would send DAILY WORD to just *one* other person there would be more than a million subscribers?

Why not add *one*, to make a million!

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# Saturday

MARCH 1

I THINK LOVING THOUGHTS. I SPEAK LOVING WORDS. I ACT FROM THE LOVING CHRIST SPIRIT WITHIN.

JUST AS Jesus Christ expressed love for God by being loving toward all His children, so do I express my love for God. I think of the persons in my home, those at my work, and the persons who share my hours of recreation, as parts of God's good and as expressions of His love. I speak to each person in words that convey respect, admiration, and sincere regard. I act from the loving Christ Spirit within; I am never impatient, intolerant, nor unkind.

I express my love for God by being loving toward my own self. I think of myself as a part of God's good and as an expression of His love. I speak of myself in no deprecating or disparaging way. I act from the loving Christ Spirit within and am never harsh nor critical.

Just as Jesus Christ expressed His love, in word and in deed, I express my love; and love comes back to me as thoughtfulness, kindness, and friendliness.

♣ *Love one another, even as I have loved you.*—JOHN 15:12.

MARCH 2

## Sunday

I PERSISTENTLY AFFIRM DIVINE ORDER AND  
I PERSISTENTLY WORK TO ESTABLISH DIVINE  
ORDER.

I KNOW that divine order consists of a right relation of all things. Divine order is perfect balance between mind, body, and emotions. Divine order is the outpicturing in my life and affairs of the divine Spirit that motivates me and that gives me life, breath, and strength.

I do not look on any condition as being without a solution. I do not look on any experience as having nothing to contribute. I do not look on any person as an obstruction to good. I declare divine order in all that concerns me—my home, my family, my work, and my world.

I am willing to work for divine order. I am willing to use my powers and abilities—mental, spiritual, and physical—to bring forth the pattern of perfection that I know exists in God.

I affirm rightness and order in every situation. Whatever may seem to be out of order, I bless, praise, and see as perfect and right in the sight of God. God's goodness is present in me and is felt and experienced in my life as divine order.

♣ *All things were made through him.*—JOHN 1:3.

# Monday

MARCH 3

I DO NOT COVET GOOD I SEE:  
I KNOW MY OWN GOOD COMES TO ME.

**N**O MATTER how good another's life, experience, or possessions may appear, I do not covet them. Perhaps, someone has exactly the kind of home, car, family, or friends that I would like to have. Perhaps, it is beauty, a lovely disposition, or strength of character that I admire in someone else. I need not envy these people. I can admire and enjoy all of these without coveting any of them, for I know that God is the source of All-Good and that He will help me to bring my own special kind of good into manifestation in my life when I ask sincerely and work with His laws.

God created me in His own image and likeness and gave me dominion over myself and my world. But I must work with God's laws in bringing my good into existence. Through prayer I acknowledge my good and build the image of it in my own mind and heart. When I have built securely in faith and love, my good will show forth.

*Acquaint now thyself with him, and be at peace:  
Thereby good shall come unto thee.*

—JOB 22:21.



MARCH 4

*Tuesday*

THROUGH GOD'S LIFE IN ME I AM IMMUNE  
TO DISEASE.

I LIVE fearlessly in the realization that God in the midst of me is my life and strength. I do not fear contagion or disease for I know that I have spiritual immunity.

The will of God in me is life. My body is a temple of God, created perfect in His image and likeness. My health and strength are sustained and maintained consistently and perpetually by the life-giving Spirit within me. I hold to the idea of life and health for myself and for others. I do not think of others as being subject to disease or sickness but I pray for them in the faith that their life is in God, that He is in the midst of them, mighty to heal, to renew, to restore, and to perfect.

I know that with God all things are possible. I affirm life and health. I affirm my immunity in God. I stand strong, well, and whole. Every day finds me more alive, more vital, and more conscious of the healing power within me.

✦ *Know ye not that your body is a temple of the Holy Spirit which is in you, which ye have from God?*  
—I COR. 6:19.

# Wednesday

MARCH 5

I LET THE RADIANT JOY OF GOD LIGHT MY  
COUNTENANCE.

AS THE FATHER of all eternally smiles His radiant benediction on us, so do I smile on the world. I let God's joy glow through my face to everyone—joy in my eyes and joy in my lip muscles that pull the corners of my mouth upward. Even as I am busy at my work or in the tasks of each day I keep my face bright with happiness. If ever the slightest frown finds its way to my face, I banish it immediately with a joyous realization of God's radiant light and I find it easy to smile.

I remind myself that my face affects the attitudes of persons about me. Everyone who looks into my face, even passing strangers, receives a powerful impression, happy or not so happy, depending on the expression I hold there. So, I resolve that my face shall show forth joy.

I let the happy light of God shine constantly through me so that everyone who looks on me is quickened into that same spirit of joy.

♣ *We all, with unveiled face beholding as in a mirror the glory of the Lord, are transformed into the same image from glory to glory.—II COR. 3:18.*

MARCH 6

## Thursday

I AM NOT OVERCOME BY EVIL. I OVERCOME  
EVIL WITH GOOD.

WHEN WE are troubled by what is going on in our country or in the world we need to guard against negative emotions or feelings. Even when we feel that we are on the side of tolerance we may be most intolerant toward those with whom we do not agree.

If we truly want to do something to help situations that seem intolerant or unjust we can do so. Our prayers are needed; our constructive thoughts are needed. As we read the newspapers, as we listen to the radio, or as we watch television; let us not be overcome by evil but let us overcome evil with good. Even one person can contribute in large ways to justice and peace by his thoughts and prayers.

Our strong sense of oneness with God makes us feel one with God's people, whoever or wherever they may be. Our prayer may be the prayer that reaches where prayer has not reached before. Our faith may be the faith that is desperately needed. Our love may be the love that transforms that which seems impossible of transformation.

✦ *Overcome evil with good.*—ROM. 12:21.

*Friday*

MARCH 7

CHRIST IS THE WAY.

**M**ANY TIMES we find ourselves in situations not of our conscious choosing or to our liking and we see no way out. Where it may seem to us that there is no way, let us affirm with all the faith of which we are capable, "Christ is the way." When we are tempted to feel embittered by a situation, let us say to ourselves, "Christ is the way."

As we affirm over and over, "Christ is the way" we open our minds to the Christ light. We also open our hearts to the Christ love, we unite our spirits with the Christ Spirit.

Christ is the way. We may not see our way, we may not see a path in the wilderness, but Christ in the midst of us opens up ways, makes paths plain, and makes answers clear and unmistakable.

Christ is the way. Whether or not we see how affirming this can help, let us try it. Christ is our way. Christ in us knows ways beyond our human thought. Christ in us sees ways that our eyes cannot see. Christ in us knows paths that are beyond our present knowing.

♣ *I am the way, and the truth, and the life.*—JOHN 14:6.

# Saturday

THE HARMONIZING, ADJUSTING POWER OF GOD IS AT WORK IN MY LIFE AND AFFAIRS, AND ALL IS WELL WITH ME AND MY WORLD.

**T**ODAY I surrender all that concerns me to the care and keeping of God. I let go of my personal will and outer striving to set things right according to the way I see them. I trust the harmonizing, adjusting power of God to work in and through my life and affairs.

Trusting in God, I find peace within myself and the assurance that all is well with me and my world. No situation, regardless of the chaos and confusion that seem apparent, can withstand God's harmonizing, adjusting power. Through prayer I quietly attune myself to His harmony and I let harmony fill my whole being and flow through me to bless all people and all situations. I refuse to recognize anything but harmony and I trust this harmony to bring forth order wherever it is needed.

God's harmony is firmly established within me. My life and affairs respond to His harmony, and all is well with me and my world.

♣ *To them that love God all things work together for good.—ROM. 8:28.*

## Sunday

MARCH 9

I DO NOT WITHHOLD MY LOVE, PRAISE, AND APPRECIATION. I GIVE UNSTINTINGLY AND I GROW WONDERFULLY.

“**T**HERE IS that scattereth, and increaseth yet more;  
And there is that withholdeth more than is meet, but *it tendeth* only to want.”

The withholding that tendeth to want is the withholding of love, praise, and appreciation. When we withhold our love we feel separated from others and from God. It is only as we give of ourselves to life, to those about us, and to God that we enlarge our understanding, enrich our spirits, and widen the scope and breadth of our lives.

Instead of following the inclination to withdraw into ourselves when circumstances seem to challenge us, let us be willing to give of ourselves. Our need is to grow, to express more and more of the Spirit of God in us. The more we give of ourselves, the more we have to give. The more we grow, the more power and glory we discover in the depths of us.

♣ *There is that scattereth, and increaseth yet more.*  
—PROV. 11:24.

MARCH 10

## Monday

THERE IS A SPIRIT IN ME, AND THE INSPIRATION OF THE ALMIGHTY GIVES ME UNDERSTANDING.

I HAVE the intelligent Spirit of God within me. When I am in doubt about anything I will affirm the presence of divine intelligence within me; I will "be still, and know."

The more I call on and use the God intelligence within me, the greater is my capacity for understanding or comprehension.

I never admit defeat. If I make what seems an unwise move I profit from the experience of examining it in the light of Truth. The more I come to know and understand myself, the greater will be my ability to avoid future mistakes.

In every undertaking I know that I am not alone; God is with me. Beyond my own knowledge and experience is the God-self in me. I trust this God-self to lift my vision.

God has created me for good purposes. I remember that I am God's creation, important to Him, needed by Him.

♣ *There is a spirit in man: and the inspiration of the Almighty giveth them understanding.—JOB 32:8 (A.V.).*

## Tuesday

MARCH 11

I MEET LIFE WITH GRACE, WITH GOOD HUMOR, AND WITH A GOOD DISPOSITION.

I AM never at the mercy of my moods for I have the power to change the character of my thoughts and feelings. I need never give way to self-pity, to bad temper, or to irritation. Whatever my environment, whatever the atmosphere of my life, I have the power to change it if it is not peaceful, harmonious, and productive.

Through the power of the loving Christ presence in me, I am in control of my emotions. The strength of the Christ love in me is equal to the demands of everyday living. The greatness of the Christ presence in me is superior to surface irritations. The forgiveness of the Christ presence in me is more far-reaching than the unforgiving thought of the moment. I now let the Christ have control in me. And in so doing, I am filled with a new spirit, a new attitude, a new disposition and I find it easy to live and work happily with others.

I change the atmosphere of my life through expressing Christ, through living every moment in dedication to the Christ in me.

♣ *Be ye transformed by the renewing of your mind.*  
—ROM. 12:2.



MARCH 12

## Wednesday

I AM AT PEACE.

**I**N GOD there are no endings, only beginnings. This is true, even when a life appears to have ended to human sense. We cannot know the soul's whole journey; we only know it in part. But we can know that the journey is always toward God, always toward life. We will not grieve because we cannot see beyond the present for ourselves or for a dear one. We find comfort and peace in the realization that wherever we are, wherever our dear ones are, there is only one Presence and one Power, God the good; there is only one life, God's life.

Beyond our human knowledge, beyond the five senses, is the Truth of God. We may not see and understand all things, our vision may be obscure; but our faith can be strong. What we do know of God as the Spirit of love makes us trust Him in that which we do not as yet know.

Let us say to our loved ones, "I am at peace concerning you." Let us give thanks that the soul knows no endings, that it is always on the path of beginning again.

♣ *Let not your heart be troubled, neither let it be fearful.*—JOHN 14:27.



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# Growth

ORALEE SMITH

As the sapling slowly and quietly anchors  
Its roots in the solid security of the earth,  
And quietly lifts its branches to the sky  
And by so doing  
Becomes the majestic tree it was destined to be;  
I anchor my faith in the solid security of God's word  
And quietly lift my heart and mind to God's will,  
And by so doing  
Become the serene, confident person I was destined  
to be.



# Thursday

MARCH 13

I AM RICH IN THE LORD.

**I** TRUST the Lord, the source of my life and being, to sustain me and support me in all things. I know that He is the substance out of which all things are formed.

I place myself, my life, my existence in His care. I rejoice in life, I rejoice in the Spirit of God that is within me. I turn my every need and desire over to Him. I fear no lack for I am one with God. I give thanks for the richness of my life. I give thanks for the powers and the abilities with which God has endowed me. I also give thanks for the never-failing, never-ending stream of plenty in which I live.

I live in God; I am a part of His wealth and glory. I give expression to God ideas in every avenue of my life, and the returns of His love are superabundant.

God is my Creator, my source, and my inexhaustible fountainhead of good. I trust in Him and I prove Him now in my life and affairs.

I am rich in the Lord.

♣ *Prove me now . . . if I will not open you the windows of heaven, and pour you out a blessing.—MAL. 3:10.*

MARCH 14

## Friday

"HELP ME TO HELP; HELP ME TO GIVE  
THE WISDOM AND THE WILL TO LIVE!"

THESE lines from a favorite poem mean much to this writer. As a parent every day I am presented with problems, challenges, and opportunities to help my child. But how much wisdom is needed! From the beginning I have realized that my child is first God's child. I have also realized that God has trusted me with a part in the instruction and guidance of this child. So, I need to know when to speak, when to hold my speech. I need to know what the important things are and which things are not important. I need to know that God will help me to be of help.

Perhaps you who are reading this lesson have the same problem. Perhaps, you have some other problem that involves using good judgment in giving help. As we pray together we will know the right attitudes to assume, the wise words to speak, and the orderly steps to take to be the help we want to be. At the same time, persons that we wish to help will see clearly what is in our hearts and will appreciate our good intentions.

♣ *Train up a child in the way he should go.*—PROV. 22:6.

# Saturday

MARCH 15

RIGHT WEATHER CONDITIONS ARE NOW ESTABLISHED IN THE NAME OF THE LORD JESUS CHRIST.

MUCH HAS been said and much has been written about March weather. No matter what we hear or read, man's right attitude concerning himself and concerning weather conditions is of prime importance. We have the power, as Jesus Christ had the power, to speak the word of perfect order that will help to regulate the outer conditions and establish protection for people and for property.

Our first thought should be an unselfish one. Whatever is for the good of the whole is more important than that which is for the good of one individual or a small group of individuals. If it rains, if it snows, if the winds blow, we can make adjustments mentally and physically, when we remember these conditions cannot limit our good.

As we pray in the name of Jesus Christ, our prayers will help establish right weather conditions for our immediate community, for our entire country, and for the whole world.

♣ *Who then is this, that even the wind and the sea obey him?*—MARK 4:41.

MARCH 16

## Sunday

LOVING FATHER, HELP ME TO MAINTAIN AN  
ATTITUDE OF INFINITE PATIENCE TOWARD  
MY FELLOW MAN.

FATHER GOD, I would be patient with others. I realize that every person is doing what he thinks is best. Why should I expect someone to do a certain thing, because it seems right to me? Help me to give others the freedom of spirit that I enjoy myself. Help me to respect the rights of my neighbor to choose whatever way of life best suits his taste; and if this choice differs from my own, help me to remember that my way is only for me.

Oh God, help me to realize deeply and constantly that there is room on this earth for an infinite variety of ideas. Take from my consciousness the desire to change others and replace it with the desire to help others to be true to their ideas as they see them.

O Father, I pray for the attitude of mind and heart that has room for all—for all the varied ideas and ways of life about me. Help me to have patience undiminishing for everyone.

♣ *Walk worthily . . . with longsuffering, forbearing one another in love.*—EPH. 4:1, 2.

# Monday

MARCH 17

IN THE NAME OF JESUS CHRIST I GIVE  
THANKS EACH DAY FOR MY MANY BLESS-  
INGS.

JESUS CHRIST thanked God for the answers to His prayers even before He received them. By following His example and giving thanks for the good that we expect to receive, as well as for what we already have, we bless our lives and help to bring our desires into manifestation.

Praise and thanksgiving have marvelous power to heal, to prosper, and to bless. Giving thanks to God for our blessings each day helps to prepare us to receive more of the good that He has for us.

Each of us has much to be thankful for, but in these busy times it is easy for us to forget to give thanks. God gives us the sun and the rain and the products of the earth for good, for utility, and for beauty. Most of the time our bodies function efficiently without our conscious direction. God gives us wisdom to make decisions and He has given us freedom to direct our lives. One of His greatest gifts to us is the knowledge that we can turn to Him for help in every need.

♣ *Sing unto him, sing praises unto him.*—PSALMS 105:2.



MARCH 18

## Tuesday

I WORK WITHOUT WEARINESS FOR I LOVE  
GOD AND SERVE HIS HIGHEST PURPOSE IN MY  
LIFE.

LOVE is the magic ingredient that changes all conditions. It lifts the load of care from the heart, finds a better way to do the job, and brightens the dulllest tasks. Love turns apathy to enthusiasm and weariness to satisfaction.

When we love our work we do not stop because we are weary, but because we must pause to renew our strength and inspiration for further efforts. Weariness is a state of mind that is created by resistance, rather than by expended efforts. Sometimes we resist certain work because we dislike the work itself; often we resist it, because it is standing in the way of something else we would love to do. If we are to work without weariness we must find a way to eliminate resistance.

Most of us have work to do at some time in our lives that we do not enjoy. Prayer will help us. As we pray we can learn to love the purpose of the work, the good it brings to others, and the lessons it contains.

♣ *Come unto me . . . I will give you rest.*—MATT.  
11:28.

# Wednesday

MARCH 19

I LIVE UP TO THE FATHER'S HIGHEST IDEAL  
FOR ME.

EVERYONE brings into the world his inheritance from God. This inheritance is the highest and the best. I dwell on this truth whenever events take turns I have not anticipated and when situations do not work out as I think they should. I realize God's ways are not always my ways, but His ways are far better than those I may devise for myself.

As I exercise intelligence and practical knowledge of divine law to bring about the things that make my life complete I watch and listen for the Father's guidance. I take advantage of the opportunities that are mine to increase my faith and to go forward to greater accomplishment.

I know God is preparing me for greater good than I can envision for myself. He is even now pouring into my life His gifts of love, health, peace, joy, charity, understanding, and hope. In this realization life becomes a perfect outpicturing of this matchless good. I live up to the Father's highest ideal for me.

♣ *The things which are impossible with men are possible with God.*—LUKE 18:27.

MARCH 20

## Thursday

I BEHOLD THE CHRIST IN EVERY PERSON AND  
I REJOICE THAT MY TRUE THOUGHTS CALL  
FORTH HIS CHRIST PERFECTION.

As I steadfastly behold the Christ in persons with whom I live, work, and deal I am placing my emphasis on beholding, appreciating, and praising their innate goodness. I recognize that everyone is innately endowed with the Christ light, love, and understanding. I recognize that everyone, no matter what the appearance, is following this light to the best of his ability. I see, that though a person may be lagging behind in one phase of his life, he is making progress in some other phase of his development. My recognition of Christ in another person has a potent and far-reaching effect, for my true thoughts call forth his Christ perfection.

I rejoice, too, that as I persist in beholding the Christ presence in every person I am free from the limitation of my human judgment. I am free from criticism and condemnation. I am free from every thought and attitude that keeps me from loving, understanding, and helping other persons.

♣ *This is my commandment, that ye love one another.*  
—JOHN 15:12.

## Friday

MARCH 21

I TAKE MY STAND FOR GOOD TODAY.

WHERE WILL I place my faith today? I will place my faith in that which is good. I will place my faith in God.

Is there some condition that seems inharmounious? I take my stand for good in my thoughts about it. I bless everyone and everything concerned. I affirm harmony, forgiveness, and peace.

Is there some situation that seems unjust? I take my stand for good today. In my own mind I acknowledge the just and loving law of the Lord. I affirm justice in the situation that has concerned me—justice for myself and justice for everyone whom it involves.

Have I been impatient about the outcome of some undertaking? I take my stand for good today. I give thanks that all things are working together for good. I rejoice that "God works in mysterious ways, his wonders to perform." I anticipate only good results—only happy outcomes in every undertaking. I take my stand for good today.

♣ *Whatsoever things are true, whatsoever things are honorable, whatsoever things are just . . . think on these things.*—PHIL. 4:8.

MARCH 22

## Saturday

MY WAYS ARE WAYS OF PLEASANTNESS AND  
PEACE.

**I**N OUR busy lives sudden changes in plans, unnecessary delays, or differences of opinion may arise to threaten our composure or tax our patience. But we need not allow these incidents to upset us or ruin our day. We need not become irritated, even though others around us may become irritated.

We can declare that God is in charge of our lives and affairs and that He is helping us to remain pleasant and peaceful. What we truly want is the right solution for all concerned—one that is fair and in accord with everyone's best interests. With God in charge, we can reach this solution; so, let us remember to calm our petty, contentious thoughts and let His wisdom and good judgment direct our words and actions. Our calm attitude will encourage others to become calm also, and will help point the way to a successful solution. When we let God direct us in every undertaking, our ways are, indeed, ways of pleasantness and peace.

♣ *Blessed are the peacemakers: for they shall be called sons of God.*—MATT. 5:9.

# Sunday

MARCH 23

I TRAIN MY MIND TO FOCUS ONLY ON THE POSITIVE.

**P**OSITIVE thinking means taking an active stand against negation and turning it aside wherever and whenever it appears. This is a challenge, for many sources in our modern world—newspapers, radios, and television programs—emphasize things that are of a negative nature. But I accept the challenge and I turn often to God and pray so that I may fill my mind with the light of Truth.

There are two sides to every question, and I claim the positive side as a focus for my attention. I affirm radiant, good health. I claim an abundance of prosperity. I center my thoughts and my attention on harmony, peace, and love.

With steadfastness of purpose I pray: "Dear God, help me today to keep my mind stayed on Thee. Let Thy presence inspire every thought I think, every word I speak, and every action I take. Let me focus on Thee only with Thy constant help. I would invite Thy light to shine in me, for me, and through me to bless the world."

♣ *As he thinketh within himself, so is he.*—PROV. 23:7.

MARCH 24

## Monday

I HAVE FAITH IN THE UNFAILING PROVISION OF GOD TODAY, TOMORROW, AND FOREVER.

WHEREVER I find myself, whatever my needs may be, I look to Spirit as my guarantee of security.

Do I need more of anything in my life? The Spirit of God is my resource—infinite, boundless, and exhaustless. There is never a time when I am resourceless for there is never a time when I am separated from God, from my good.

Every day I affirm my oneness with God. Every day I tune my mind to Divine Mind. Every day I order my life and affairs with God-given wisdom and faith.

I keep my thoughts on a positive level and refuse to accept beliefs in limitation. The Spirit of God in me is infinitely rich in ideas. I open my mind to the abundant and ever-increasing inflow of good into my life and affairs. I have faith in the unfailing provision of God.

My security is in God, and my success is in God today, tomorrow, and forever.

♣ *Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.*—PSALMS 23 (A.V.).

## Tuesday

MARCH 25

I AM FILLED WITH A ZEST FOR LIVING.

**A**N INTEREST in life, a mind that welcomes new ideas, an outlook that is fresh, and a body that is kept vital and youthful add to our attractiveness. These things not only make us pleasant to be with but they help us contribute to the happiness of any group or gathering. If we were asked to describe the persons we found most interesting, undoubtedly, we would use some of these ideas in our description.

It is wonderful to remember that a zest for living is not confined to people of any certain age. A keen mind is a tool for use by all who keep attuned to the Mind of God. An outlook that is fresh is the possession of everyone who is willing to allow himself to be receptive to the Spirit of God. A vital, youthful body is the vehicle of all who make their actions and their reactions alive with the life of God. Through prayer these things are achieved. With constructive ideas and positive words, we are quickened to a new interest in life; we find ourselves more interested in other persons and more interesting to other persons.

♣ *Lay hold on the life which is life indeed.*—I TIM. 6:19.



MARCH 26

## Wednesday

I ACCEPT THIS DAY AS A GIFT FROM GOD.

I WELCOME this day as a gift from my Creator, the Spirit of life within me. I accept this day as a new opportunity to live and to grow spiritually, mentally, and physically through service to God and my fellow men.

I accept this day with its opportunities in a spirit of joy and confidence because I know that God's gift to me includes the wisdom, strength, love, and whatever else is needed to see me successfully through every experience. God will never fail me, for His Spirit is within my mind and heart; His guidance is always available to me.

I enter this day's activities with enthusiasm and expectancy. I know that it is filled with wonderful surprises and new revelations of the good things God has prepared for us. I accept this day as my special gift from God and I will gladly serve His Spirit of love, life, wisdom, and joy in every thought, word, and deed.

Thank you, Father God, for this wonderful gift of today.

♣ *A faithful man shall abound with blessings.*—PROV. 28:20.

## Thursday

MARCH 27

"O I AM MADE WHOLE!

O I AM MADE WHOLE!

I AM QUICKENED AND STRENGTHENED,  
MIND, BODY, AND SOUL."

**M**ANY times a favorite hymn brings us much inspiration and blessing. This chorus of a familiar song has proved such a help.

It is easy for us to picture Jesus Christ giving such a blessing, "O be thou made whole!" It seems natural that He would have said, "You are quickened and strengthened mind, body, and soul."

When we remember that within us is the Christ of God; then we know that we, too, can speak these words and expect the free-flowing and healing life-stream of God to flood over us, quicken us, and strengthen us. We can expect His transforming life to take perfect control of every nerve, cell, and tissue in our bodies. We can expect our minds to accept ideas that will insure life and wholeness. We can expect our souls to become imbued with new visions of everlasting life.

✦ *In the name of Jesus Christ . . . rise up and walk.*  
—ACTS 3:6 (A.V.).

*Friday*THE CHRIST PRESENCE WITHIN ME PROTECTS  
AND SUSTAINS ME.

**N**OTHING in the external world can defeat me, for I realize that Christ in me is victorious over any situation or outer condition that may confront me. His presence is my shield that protects and shelters me.

As I claim His presence always with me I walk unafraid to meet every challenge; Christ in me is my unfailing protection and help.

If I am tempted to be hesitant, constrained, or fearful I pause to consider that God's Spirit, the Christ, is in me and that Spirit transcends my mind, my personality, and my body. In this Christ Spirit indwelling is everything I need for a full and perfect life.

I obey God's laws and co-operate with them for I know that since God is good, the action of His laws is always good. I expect good; therefore, good comes to me. I center my life in this consciousness; I know that as I identify myself with good, my life will be a reflection of the blessings I desire and need.

♣ *Judge me, O Jehovah, according to my righteousness, and to mine integrity that is in me.*—PSALMS 7:8.

## Saturday

MARCH 29

I AM FREE! PRAISE GOD, I AM FREE!

IF WE have a desire to be free from a habit we do not feel is worthy of us or that is not profitable to us, this is a right desire; this is the first step toward overcoming the habit. When we find ourselves with such a desire, let us give thanks that we have been so quickened and accept this as an indication that we have the possibilities within us to be completely free.

Our prayer, "I am free. Praise God, I am free," will help us to look toward God, rather than to keep our attention centered on that from which we desire freedom. As we look with joy toward the cause of the cure we will find we are strengthened in every way, and our minds, bodies, and spirits are satisfied.

Keeping our eye single will enable us to carry this free spirit into all phases of our lives. No longer will habit rule us. If we realize that we have God as our source of help and center our attention on this source we are able to replace such habits with helpful, rewarding, and satisfying activities of mind and body.

♣ *Show forth the excellencies of him who called you out of darkness into his marvellous light.*—I PETER 2:9.

# Sunday

"BELIEVE ON THE LIGHT, THAT YE MAY BECOME SONS OF LIGHT."

ON PALM Sunday our thoughts have a way of turning to Jesus and His entry into Jerusalem. We think of the light that Jesus embodied. We think of the forgiving love that He displayed. We think of the faith that He sustained, and the faith that sustained Him. We think of the glory that was His!

Then we question ourselves: "Are we conscious of the light that is shining in us, through us, and for us? Are we expressing the forgiving love of Jesus Christ under all circumstances? Are we faithful to the highest that we know; are we leaning trustingly upon God, our Father?"

We use the Jesus Christ teachings today through our practical application of the principles that He taught. As we reconsecrate and rededicate ourselves to living in the light of Christ, expressing the love of Christ, and following in the faith of Christ we are saying in effect: "I believe on the light, and I am becoming a son of light."

✦ *I am come a light into the world, that whosoever believeth on me may not abide in the darkness.*—JOHN 12:46.

# Monday

MARCH 31

SOMETHING NEW IS CALLED FORTH IN ME  
TODAY.

EVERY DAY of our lives something new is called forth in us. What we did yesterday or what we thought yesterday is not binding to the new person we are today.

Yesterday we may have been afraid; today we can gain new ground in courage. Yesterday we may have been unhappy; today we can rise up in new joy of spirit. Yesterday we may have felt inferior or unworthy; today we can realize with new power and meaning that we are, indeed, children of God, beloved and needed by Him. Yesterday we may have been inharmonious; today we can walk in new paths of peace. Yesterday we may have felt as if we needed life and health; today we can claim our health and strength in God. Yesterday we may have felt ignorant or lacking in wisdom; today we can command the Mind of Christ in us and stir up new powers, new wisdom, and new ideas.

Today we can call forth something new in us, something wonderful in us.

♣ *He is a new creature: the old things are passed away.*—II COR. 5:17.

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Jet's Choice  
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Thank You, God

## *Age-Old Sanskrit Quotation Inspires an Article*

"These rivers, my son, run, the eastern toward the east, the western toward the west. They go from sea to sea. They become indeed the sea. And these rivers, when they are in the sea, do not know I am this or that river."

This quotation, which comes from the most ancient sacred literature of the Hindus, the Veda, begins an outstanding article in the March issue of *Unity* magazine. The author, Maria Ann Aigner, uses the quotation to point up a searching discussion of true forgiveness, as Jesus taught and practiced it. She also tells what using this kind of forgiveness can do for you.

You'll want to read this inspiring and helpful article, and you'll also enjoy the many other articles, poems, and features in the March *Unity*. This issue, like every monthly issue of *Unity*, also features a selection from the writings of Charles Fillmore and a beautiful color photograph on the cover.

Why not order a subscription for *Unity* today? You can receive the magazine a full year for only \$1.

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## Easter Gifts for Children

### *Wee Wisdom*

Unity's monthly magazine for boys and girls offers hours of entertainment along with valuable character training. Containing stories, poems, pictures, and all the features children enjoy, it is priced at \$2 a year.

### Bright and Colorful Books—\$1 a Year

These three read-aloud books, by Georgia Tucker Smith, are written in rhymed prose. They are 8 by 10½ inches in size, plentifully illustrated to please younger children.

*Crybaby Kangaroo*

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Pioneer stories are contained in these three books for older children, written by Bula Hahn. They have numerous pen-and-ink drawings.

*Jet's Adventures*

*Jet's Choice*

*Jet and the New Country*

A collection of Lawrent Lee's fast-moving stories for older children, featuring unusual silhouette drawings is—

*Adventures of the Seven Spartans*

These two excellent books on prayer, by Bill and Bernard Martin, are 8 by 10½ inches in size, and are richly illustrated in color.

*Thank You, God* (for tots)

*Teach Me to Pray* (for older children)

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## *Give a Blessing for Easter*

When you give Unity Greeting Booklets for Easter you are giving a real blessing. Your friends will find inspiration in these lovely booklets long after the conventional greeting card would be forgotten.

The new Easter booklet this year is entitled *The Spirit of Easter*. It includes articles and poems by Lowell Fillmore, William A. Clough, James Dillet Freeman, and many other well-known Unity writers, and has a beautiful color photograph on its cover.

### **Unity Greeting Booklets for Easter**

<i>The Spirit of Easter</i> (new)	<i>Preparation for Easter</i>
<i>Daily Resurrections</i>	<i>Sanctuary</i>
<i>Easter</i>	<i>The Song of Life</i>
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Pocket sized and printed on fine paper, each colorful Unity Greeting Booklet comes with an attractive Easter mailing envelope requiring only 2 cents postage. The booklets are sent direct to you so that you may personally address and mail them to your friends. Unity Greeting Booklets are priced at only 10 cents each; 12 assorted (either your selection or ours) for \$1.

UNITY SCHOOL OF CHRISTIANITY  
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## *Think Violets*

JAMES DILLET FREEMAN

Violets do not bloom till April here  
Or even May, come years when spring is slow,  
But I can have them any time of year  
Merely by thinking violets. And lo,  
There they are in a moment in my mind,  
Small, shy, wild, gentle blossoms winking out  
From heart-shaped leaves, as fair as I could  
find

If later I should search for miles about.  
Just for the trouble of imagining,  
Violets in March, the sweet fragility  
Of fragrance, O the very breath of spring!  
And in imagination I am free  
To take as many blossoms as I care  
To pick, yet always find as many there.

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